

# WELCOME AND THANK YOU FOR BEING HERE!



# INTRODUCTIONS



# AGENDA

- What are we doing here?
- Overview of the Comprehensive Sexuality Education (CSE)
- BRIEF Review California Healthy Youth Act (CHYA)
- Process and Timeline of CSE at BUSD
- Task Force Recruitment and Next Steps
- Q&A



We all deserve a safe place to grow, learn about ourselves, develop friendships and relationships, and thrive







## **WE BELIEVE:**

Parents/  
caregivers  
are their  
children's  
primary  
sexuality  
educators.

# SCHOOLS ARE RESPONSIBLE FOR PROVIDING:



§ fact based,

§ unbiased,

§ medically  
accurate,

§ age  
appropriate

**knowledge** and  
**skills** in order to  
promote the **best  
possible  
health  
outcomes** for  
**ALL students.**



A group of four people, two men and two women, are sitting in a circle on chairs, engaged in a conversation. The woman on the left is wearing a green shirt and glasses. The man in the center is wearing a blue and white checkered shirt. The woman on the right is wearing a green cardigan over a white top. The man on the far right is wearing a light-colored striped shirt. They are all looking towards each other, suggesting a collaborative discussion.

**Parents/caregivers and schools can work together to meet the needs of the student community**

# HIGH QUALITY COMPREHENSIVE SEXUALITY EDUCATION...

- Kindergarten through 12th grade.
- Is age-appropriate, medically-accurate
- Includes topics related to sexuality: human development, relationships, personal skills, sexual behaviors including abstinence, sexual health, and society and culture.
- Provides students with opportunities for learning information, exploring their attitudes and values, and developing skills for communication and responsible decision making





# **WHY DOES THE RESEARCH TEACH US ABOUT COMPREHENSIVE SEXUALITY EDUCATION?**

# CSE HAS BEEN SHOWN TO:

- Reduce the frequency of sexual activity
- Reduce number of sexual partners
- Reduce bullying
- Delay sexual initiation
- Increase contraceptive use and reduce unintended pregnancies
- Increase condom use and lower incidence of STDs and HIV



# CSE HAS BEEN LINKED TO:

- Preventing child abuse
- Promoting social emotional learning
- Advancing gender equity
- Promoting healthy relationships, reducing risks of sexual assault and intimate partner violence
- Increasing health and well-being and academic success of LGBT youth





# EDUCATION IS NOT ENCOURAGEMENT



4 out of 5 of teens believe it would be much easier for teens to **delay sexual activity** and **avoid teen pregnancy** if they were able to have **more open, honest conversation with their parents** about these topics.

([With One Voice, 2010](#))

# SO WE KNOW IT WORKS... BUT HOW DO WE KNOW WHAT TO TEACH WHEN... AND TO WHOM?

- National Sexuality Education Standards
- CA Health Education Standards
- **CA Healthy Youth Act**, amended the existing Ed Code (51930-51939) through the CA legislative process in Fall 2015, went into effect in January 2016
- Coalition of supporters include CA School Board Association, CA Teachers Association, CA PTA



# WHY WAS THERE A NEED TO AMEND THE ED CODE IN 2016?



- Technology- increased access to information
- Sex education in many schools still did not comply with CA Ed Code
  - Missing required content
  - Inaccurate/biased information
  - Outdated materials
- System continued to marginalize segments of the student population

*Combelleck and Brindis (2011) Uneven Progress: Sex Education in California Public Schools*



# CA HEALTHY YOUTH ACT (CHYA): WHAT'S DIFFERENT AS OF JANUARY 1, 2016?

- ✓ CSE and HIV Prevention Education must be provided at least once in:
  - junior high/middle school
  - high school
  - May be provided in age-appropriate way before grade 7.

EDUCATION CODE 51934(a)

- ✓ Strengthens and clarifies required content
- ✓ More inclusive tone, prohibits discrimination
- ✓ Parental Notification

# REQUIREMENTS

ALL GRADES, INCLUDING  
ELEMENTARY

- ✓ Knowledge and skills based.  
EDUCATION CODE 51930(b), 51933(g), (h)
- ✓ Not promoting of any religious doctrine.  
EDUCATION CODE 51933(i)
- ✓ Accessible to:
  - ✓ English learners, and
  - ✓ Students with disabilities.

EDUCATION CODE 51933(d)(2), (3)

# REQUIREMENTS

ALL GRADES, INCLUDING  
ELEMENTARY

- ✓ Do not reflect or promote **bias** against any person on the basis of:
  - ✓ Disability
  - ✓ Gender
  - ✓ Gender identity
  - ✓ Gender expression
  - ✓ Nationality, race, or ethnicity
  - ✓ Religion
  - ✓ Sexual orientation

EDUCATION CODE 51933(d)(4); *see also*  
EDUCATION CODE 220

- ✓ Culturally **inclusive** and **appropriate** for students of all:

- ✓ Races
- ✓ Genders
- ✓ Sexual orientations;  
and
- ✓ Ethnic and cultural  
backgrounds

EDUCATION CODE 51933(d)(1)



# REQUIREMENTS

ALL GRADES, INCLUDING ELEMENTARY

- Must affirmatively recognize that people have different sexual orientations and include same-sex relationships in examples EDUCATION CODE 51933(d)(5)
- Include instruction on:
  - Gender
  - Gender expression
  - Gender identity
  - The harm of negative gender stereotypes



EDUCATION CODE 51933(b)(6)



# INCLUSIVE CSE

“When someone with the authority of a teacher describes the world and you are not in it, there is a moment of psychic disequilibrium, as if you looked into a mirror and saw nothing.”

--Adrienne Rich

# REQUIRED CONTENT TO BE INCLUDED

- Encourage students to communicate with their parents/guardians and other trusted adults about human sexuality, and provide skills for doing so;
- Provide knowledge and skills for forming healthy relationships that are free from violence; and
- Provide knowledge and skills for making and implementing healthy decisions about sexuality



# REQUIRED CONTENT TO BE INCLUDED

- HIV and STDs: transmission, prevention, treatment, reducing stigma
- Access and rights to health services
- Abstinence and delaying sexual activity
- Effectiveness of all FDA-approved contraceptive methods
- Pregnancy, prenatal care, pregnancy options
- Healthy and unhealthy relationships
- Sexual harassment, sexual assault, human trafficking

# PARENTAL NOTIFICATION & OPT-OUT

EDUCATION CODE 51938

At the beginning of the school year...\*

**Notice:** Districts must notify parents of the instruction and provide them with opportunities to view the curriculum and other instructional materials.

**Opt-out:** Districts must also allow parents to remove their student from instruction if they so choose, using a passive consent (“opt-out”) process in which **parents must request in writing** that their student not receive the instruction.

**Districts may not require active consent (“opt-in”)** by requiring that students return a permission slip in order to receive the instruction.

This applies to all grades, including elementary.

# INSTRUCTORS, OUTSIDE CONSULTANTS, & GUEST SPEAKERS

## ALL INSTRUCTORS

EDUCATION CODE 51931(e),  
51934(a)

**Knowledge:** Most recent medically accurate research on human sexuality, healthy relationships, pregnancy, and HIV and other sexually transmitted infections.

## OUTSIDE CONSULTANTS & GUEST SPEAKERS

EDUCATION CODE 51936

**Expertise:** Comprehensive sexual health education.

**Knowledge:** Most recent medically accurate research on the relevant topic or topics covered in their instruction.

# TEACHER TRAINING:

- District shall:
  - Provide HIV training
  - Cooperate and collaborate with teachers in developing the training
  - Conduct periodic training on new developments in HIV/ CSE

Section 51935



# THE BUSD PLAN: SPRING 2018

- BUSD 7<sup>th</sup> graders will be receiving Sexuality Education in their Science classes.
- BUSD will use a curriculum called Positive Prevention Plus, which is an updated version of a curriculum that BUSD has used in previous years. Positive Prevention Plus has been reviewed for compliance with the CA Healthy Youth Act.
- 7<sup>th</sup> grade Science teachers will be trained in March and April
- A Task Force of teachers, parents, and administrators will be convened and will work together over the course of the next year. This year the Task Force will informally evaluate the implementation of Positive Prevention Plus. Next year the Task Force will assess other programs if needed to ensure the best fit for the district.

# THE CSE TASK FORCE WILL...

- Assist the district and educational staff to develop a program that is age-appropriate, CHYA compliant, and meets the needs of our community
- Serve as liaisons to other teachers and parents in the community to assess and build support for sex ed in Berryessa
- Task Force meets monthly to plan, evaluate this year's pilot, plan for next fall
  - March 14, 3:30 - 5:00
  - April 18, 3:30 - 5:00
  - May 16 or May 23, 3:30 - 5:00

# LOOKING FOR A FEW GOOD PEOPLE...

- Who needs to be included in this decision making process to?
- Who wants to participate?



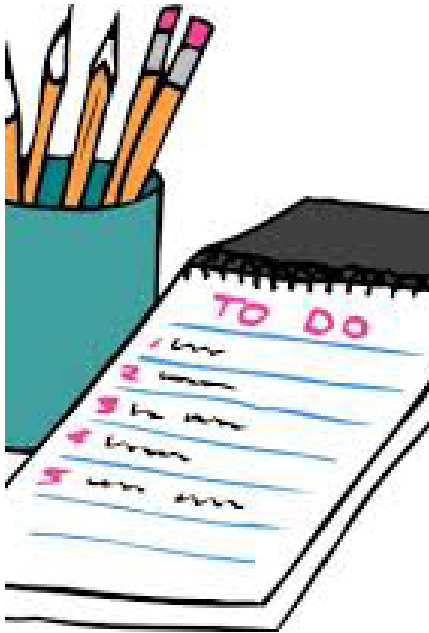
# WHAT ARE OUR “HOT TOPICS”



- Which topics might be most uncomfortable or controversial in this community?



# WHAT ELSE DO BUSD PARENTS NEED TO DO OR KNOW?



- Seventh Grade teachers trained on Comfort and Skills for teaching CSE, March 28
- Seventh Grade teachers trained on updated Positive Prevention Plus curriculum, April 24
- Seventh Grade teachers Unit Planning, April
- Parent Preview and Information Sessions
- Parent Education and Skill Building Workshop

# GETTING INTO COMPLIANCE

- [Fast Facts about the California Healthy Youth Act](#)<sup>[SEP]</sup> *Short fact sheet with basic information about the law, suitable for distribution at community meetings or for sharing with concerned parents or school district personnel.*
- [Frequently Asked Questions \(developed by the CA Sexual Health Education Roundtable\)](#)<sup>[SEP]</sup> *Basic questions about the law, suitable for sharing with parents, teachers, administrators, or advocates.*
- [Questions & Answers for School Districts](#)<sup>[SEP]</sup> *Comprehensive and technical question and answer document detailing specific requirements of the law, including references to the relevant sections of the Education Code, intended mostly for district administrators.*
- [Compliance Evaluation Checklist](#) *Checklist for evaluating curricula against the requirements of the law.*
- [Sample Parent/Guardian Notification Letter](#)<sup>[SEP]</sup> *Sample letter that meets the requirements of the law for parental notification and passive consent for participation in comprehensive sexual health and HIV prevention education, which can be modified with additional details to meet the needs of individual districts.*
- [Curricular Materials & Resources](#)<sup>[SEP]</sup> *List of materials and resources that may be useful for district administrators. Note that this document will be updated regularly.*

# TASK FORCE TIMELINE AND RECRUITMENT PROCESS

- March 2018: recruitment of members
  - Balanced representation of education staff (teachers and administrators) and parents
  - Need members who can commit to the entire process
  - Balanced representation from all schools
- Dates for Spring 2018: (all meetings 3:30-5:00 pm)
  - March 14
  - April 18
  - May 16 or 23
- Fall 2018
  - 3-4 meetings with hopeful Board presentation late Fall/ early Winter

# WE'RE LOOKING FOR A FEW COMMITTED PARENTS...





# THANK YOU!

Heidi Winig

Program Manager, Bay Area Communities for Health Education  
(BACHE)

Cardea Services

[hwinig@cardeaservices.org](mailto:hwinig@cardeaservices.org)



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